

BCN Statistics Course

Repeated measures ANOVA

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25 June 2014



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Overview

- 1 Usual ANOVA
- 2 Repeated measures (M)ANOVA
 - Main ideas
 - Testing effects in RM-ANOVA: Univariate test
 - Testing effects in RM-MANOVA: Multivariate test
 - Assumptions of RM-(M)ANOVA
 - Use univariate or multivariate?
 - Decomposing the within-factor effect
 - Post hoc procedures
 - Extending RM-ANOVA

'Usual' ANOVA

Generalization of **independent samples *t*-test** to more than 2 groups.

One-way ANOVA (Stats II)

- One DV Y , one categorical IV A
- Compares the means of Y among all groups defined by A

Two-way ANOVA (Stats II)

- One DV Y , two categorical IVs A, B (factors)
- Compares the means of Y among all groups jointly defined by A, B
- It analyzes the main effect of A (across all levels of B), main effect of B (across all levels of A), and interaction effect $A \times B$ ('differences between differences')

'Usual' ANOVA: Assumptions

Assumptions in ANOVA:

- Independence of observations.
- Groups defined by factors are normally distributed.
- Groups defined by factors have equal population variances (homogeneity of variance).

Obs: One-way and two-way ANOVA are just special regression models, where the factors are dummy-coded into the model (Stats II & Stats III).

'Usual' ANOVA: Limitation

- So far, we only allowed each subject to contribute with one score (one measurement) on the DV:
"Different subjects contribute to different means."
- What if each subject is measured in ALL levels of the treatment factor?

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Generalization of **paired samples *t*-test** to more than 2 groups.
Imagine the following situations:

Situation 1 A group of subjects is measured under various treatment conditions (or at different points in time).

Situation 2 Subjects are grouped according to their gender and measured under various treatment conditions (or at different points in time).

Situation 3 Two groups of subjects are administered two types of drugs at each of three doses.

Situation 4 Subjects are grouped according to their age (2 groups) and diet program (3 groups), and their weight loss is measured in three different moments (2,4,6 months after beginning of diet).

Repeated measures (M)ANOVA

		Treatments			
		1	2	...	k
Subjects	1	Situation 1			
	2				
	⋮				
	⋮				
	n				

		Treatments			
		1	2	...	k
Males		Situation 2			
Females					

		Drug 1			Drug 2		
		1	2	3	1	2	3
Group1	Situation 3						
Group2							

		Weight loss		
		1	2	3
Control	Age 1	Situation 4		
	Age 2			
Diet 1	Age 1			
	Age 2			
Diet 2	Age 1			
	Age 2			

Repeated measures (M)ANOVA

These cases do not fit the usual ANOVA framework.

- Subjects are now measured more than once (for different treatments/at different points in time): **Repeated measures**.

The ANOVA model needs to be adjusted in order to fit this type of data.

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There are 2 types of factors (categorical IVs) in repeated measures ANOVA designs:

- Between-factors: Variables grouping subjects.
- Within-factors: Repeated measures variables.

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- Between-factors: Variables grouping subjects.
- Within-factors: Repeated measures variables.

Situation	Between factor(s)	Within factor(s)	Design 
Situation 1	—	Treatments	one within
Situation 2	Gender	Treatments	one between, one within
Situation 3	Group	Drug, Dosage	one between, two within
Situation 4	Age, Diet program	Weight loss	two between, one within

RM-(M)ANOVA: Testing effects

Main goal in RM-(M)ANOVA: Test the significance of the effect of the within-factor on the DV (the treatment effect).

$$H_0 : \mu_1 = \mu_2 = \dots = \mu_k$$

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- With usual ANOVA we perform an F test

$$F = \frac{SS_B/df_B}{SS_W/df_W} = \frac{MS_B}{MS_W} \sim F(k-1, n-k)$$

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- With **repeated measures** ANOVA we will now have two options (both using F tests):
 - Run a **univariate test**.
 - Run a **multivariate test**.

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where:

$SS_T = \text{total SS}$

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SS_B = between treatments SS (the model SS)

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SS_{B_1} = between subjects SS (**New!** Consider subjects as a **random** factor!)

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SS_{B_1} = between subjects SS (**New!** Consider subjects as a **random** factor!)

SS_E = residual SS

RM-ANOVA: Univariate test

So, writing the SS in RM-ANOVA in the 'usual-ANOVA' way:

$$\begin{aligned}SS_T &= \mathbf{SS}_{\text{between treatments}} + SS_{\text{within treatments}} \\ &= \mathbf{SS}_{\text{between treatments}} + (\mathbf{SS}_{\text{between subjects}} + SS_E)\end{aligned}$$

Individual differences between subjects are removed from error term SS_W

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Equivalently, and looking at the subjects blocking:

$$\begin{aligned} SS_T &= SS_{\text{between subjects}} + SS_{\text{within subjects}} \\ &= SS_{\text{between subjects}} + (\mathbf{SS}_{\text{between treatments}} + SS_E) \end{aligned}$$

The treatment effect is part of the within-subjects variance

RM-ANOVA: Univariate test

Advantages:

- Reduction of within-group variance (error variance) by removing individual differences between subjects (by blocking on subjects).



greater power to test within-subjects effects

- Less subjects are needed, since more information is collected per subject.

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Disadvantages:

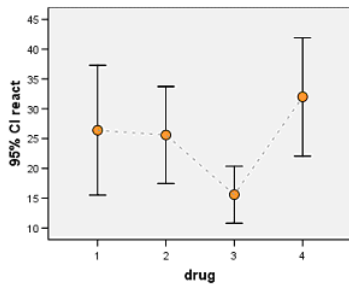
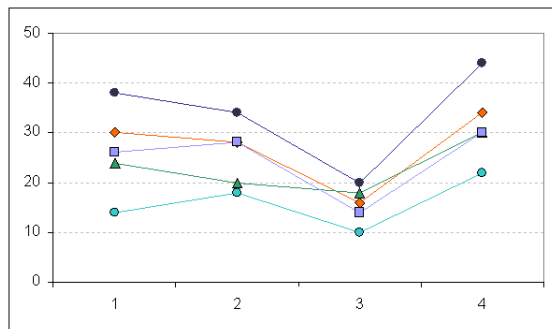
- Order in which conditions are experienced may affect performance (practice effect, fatigue effect, carry-over effect).
- Model assumptions are harder to meet.
- More complicated model (of course...).

Example (Stevens): Univariate test

Goal: Study the effect of four drugs on reaction time.
Each subject is tested using each drug.

		Drugs			
		1	2	3	4
Subjects	1	30	28	16	34
	2	14	18	10	22
	3	24	20	18	30
	4	38	34	20	44
	5	26	28	14	30

Example (Stevens): Univariate test



Is there an effect of drug on reaction times?

Example (Stevens): Univariate test

You can compute each SS with the General Linear Model
(Analyze>General Linear Model>Univariate)

Subject	Drug	Reaction
1	1	30
1	2	28
1	3	16
1	4	34
⋮	⋮	⋮
5	1	26
5	2	28
5	3	14
5	4	30

Factors: Drug (fixed), Subject (random)

DV: Reaction

Model: Full factorial

Example (Stevens): Univariate test

Tests of Between-Subjects Effects

Dependent Variable: reaction

Source		Type III Sum of Squares	df	Mean Square	F	Sig.
Intercept	Hypothesis	12400,200	1	12400,200	72,857	,001
	Error	680,800	4	170,200 ^a		
drug	Hypothesis	SS_B 698,200	3	232,733	24,759	,000
	Error	112,800	12	9,400 ^b		
subject	Hypothesis	SS_{B_1} 680,800	4	170,200	18,106	,000
	Error	112,800	12	9,400 ^b		
drug * subject	Hypothesis	SS_E 112,800	12	9,400		
	Error	,000	0	^c		

- a. MS(subject)
- b. MS(drug * subject)
- c. MS(Error)

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drug * subject	Hypothesis	SS_E 112,800	12	9,400		
	Error	,000	0	^c		

a. MS(subject)

b. MS(drug * subject)

c. MS(Error)

Notes:

- $SS_W = SS_{B_1} + SS_E = 793.600$
- $SS_{Model} = SS_B + SS_{B_1} = 1379.000$
- $SS_T = SS_{Model} + SS_E = 1491.800$
- Drug has a significant effect on reaction time ($F(3, 12) = 24.76, p < .001$)

Example (Stevens): Univariate test

Alternative way to do the univariate test:

```
Analyze>General Linear Model>Repeated Measures.
```

Focus on the 'Sphericity Assumed' part (to be explained later)

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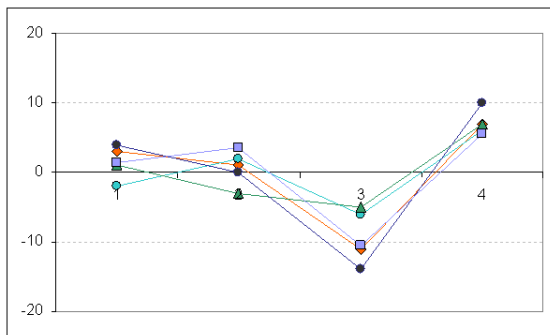
Tests of Within-Subjects Effects

Measure: MEASURE_1

Source		Type III Sum of Squares	df	Mean Square	F	Sig.
Drug	Sphericity Assumed	698.200	3	232.733	24.759	.000
	Greenhouse-Geisser	698.200	1.815	384.763	24.759	.001
	Huynh-Feldt	698.200	3.000	232.733	24.759	.000
	Lower-bound	698.200	1.000	698.200	24.759	.008
Error(Drug)	Sphericity Assumed	112.800	12	9.400		
	Greenhouse-Geisser	112.800	7.258	15.540		
	Huynh-Feldt	112.800	12.000	9.400		
	Lower-bound	112.800	4.000	28.200		

Example (Stevens): Univariate test

“RM-ANOVA removes individual differences between subjects from error SS_W ”



Compare with the setting disregarding subjects blocking: [▶ ...](#)

RM-ANOVA: Univariate test

In general,

Source	SS	df	MS	F
Within-factor	SS_B	$k - 1$	SS_B/df_B	MS_B/MS_E
Between-factor	SS_{B_1}	$n - 1$	SS_{B_1}/df_{B_1}	MS_{B_1}/MS_E
Error	SS_E	$(k - 1)(n - 1)$	SS_E/df_E	
Total	SS_T	$nk - 1$		

RM-ANOVA: Univariate test

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Within-factor	SS_B	$k - 1$	SS_B/df_B	MS_B/MS_E
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Error	SS_E	$(k - 1)(n - 1)$	SS_E/df_E	
Total	SS_T	$nk - 1$		

- Subject SS (SS_{B_1}): Variance **between** subjects.

RM-ANOVA: Univariate test

In general,

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Within-factor	SS_B	$k - 1$	SS_B/df_B	MS_B/MS_E
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Error	SS_E	$(k - 1)(n - 1)$	SS_E/df_E	
Total	SS_T	$nk - 1$		

- Subject SS (SS_{B_1}): Variance **between** subjects.
- Treatment SS (SS_B): Part of variance **within** subjects due to differences between treatments.
- Error SS (SS_E): Interaction part (to which extent subjects respond differently to treatments).

RM-ANOVA: Univariate test

In general,

Source	SS	df	MS	F
Within-factor	SS_B	$k - 1$	SS_B/df_B	MS_B/MS_E
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The F tests in the table are the **univariate** tests for repeated measures analysis.

RM-MANOVA: Multivariate test

New approach: Regard each treatment level (or timepoint) as a DV.

In this way the repeated measures of one subject are a **multivariate** observation of the dependent variables.

For our running example...

Subject	Drug1	Drug2	Drug3	Drug4
1	30	28	16	34
2	14	18	10	22
3	24	20	18	30
4	38	34	20	44
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multivariate observation
for subject 2

The main goal remains the same: Test

$$H_0 : \mu_1 = \mu_2 = \dots = \mu_k.$$

RM-MANOVA: Multivariate test

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RM-MANOVA: Multivariate test

$$H_0 : \mu_1 = \mu_2 = \cdots = \mu_k$$

Testing H_0 is similar to testing

$$H_0 : \begin{pmatrix} \mu_1 - \mu_2 \\ \mu_2 - \mu_3 \\ \vdots \\ \mu_{k-1} - \mu_k \end{pmatrix} = \begin{pmatrix} 0 \\ 0 \\ \vdots \\ 0 \end{pmatrix}.$$

RM-MANOVA: Multivariate test

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This test is **multivariate** because several (transformed) DVs are being compared in simultaneous. This is the generalization of the **matched-pairs t -test**

RM-MANOVA: Multivariate test

- There are several multivariate tests available; SPSS routinely reports four of them:
 - Wilk's Λ (use this test 'by default').
 - Pillai-Bartlett trace.
 - Hotelling-Lawley trace.
 - Roy's largest root.

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For our drug example:

Multivariate Tests^b

Effect		Value	F	Hypothesis df	Error df	Sig.
Drug	Pillai's Trace	.977	28.412 ^a	3.000	2.000	.034
	Wilks' Lambda	.023	28.412 ^a	3.000	2.000	.034
	Hotelling's Trace	42.618	28.412 ^a	3.000	2.000	.034
	Roy's Largest Root	42.618	28.412 ^a	3.000	2.000	.034

a. Exact statistic

b. Design: Intercept
Within Subjects Design: Drug

Any of the tests rejects H_0 , i.e., drug has an effect on reaction times.

RM-(M)ANOVA: Assumptions

Assumptions needed to perform the univariate/multivariate tests:
For both tests:

- 1 **Independence** of observations (between subjects).
- 2 Multivariate **normality** (i.e., each subgroup is normally distributed).

Extra assumption for univariate F -test:

- 3 **Compound symmetry**:
 - Variance is homogeneous across treatment levels (homogeneity of variances)

$$\sigma_{T_1}^2 = \sigma_{T_2}^2 = \dots = \sigma_{T_k}^2,$$

and

- Covariances are homogeneous across treatment levels

$$\sigma_{T_1, T_2} = \sigma_{T_1, T_3} = \dots = \sigma_{T_{k-1}, T_k}.$$

RM-(M)ANOVA: Assumptions

- **Compound symmetry** is a highly restrictive condition which is not realistic in practice.
- It was shown that compound symmetry is sufficient but not necessary for the F -tests to be valid (i.e., compound symmetry is too strong).
- A more relaxed condition, under which the F -tests are valid, is **sphericity**:

All variances of all pairwise differences between pairs of repeated measures are equal:

$$\sigma_{T_1-T_2}^2 = \sigma_{T_1-T_3}^2 = \dots = \sigma_{T_{k-1}-T_k}^2.$$

RM-ANOVA: Sphericity

SPSS tests the sphericity assumption with **Mauchly's test**.

The goal is to NOT reject H_0 .

(This test is sensitive to departures from normality.)

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Mauchly's Test of Sphericity^b

Measure: MEASURE_1

Within Subjects Effect	Mauchly's W	Approx. Chi-Square	df	Sig.	Epsilon ^a		
					Greenhouse-Geisser	Huynh-Feldt	Lower-bound
Drug	.186	4.572	5	.495	.605	1.000	.333

The null is not rejected, so sphericity holds

RM-ANOVA: Sphericity

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A: There are two possibilities:

- Introduce a correction in the univariate test, or
- Use the multivariate test.

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Q: How to correct lack of sphericity in the univariate test?

A: Adjust the degrees of freedom of the F statistic before doing the tests (epsilon corrections).

In SPSS: Look at

- Greenhouse-Geisser correction.
- Huynh-Feldt correction.

RM-ANOVA: Sphericity

Univariate test of $H_0 : \mu_1 = \mu_2 = \dots = \mu_k$ with epsilon corrections for the drug example:

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RM-ANOVA: Sphericity

$$H_0 : \mu_1 = \mu_2 = \dots = \mu_k$$

In general:

- Greenhouse-Geisser correction is too conservative: Overreject H_0 .
- Huynh-Feldt correction too liberal: Underreject H_0 .

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A simplified rule which is half-way between Greenhouse-Geisser and Huynh-Feldt corrections is the following:

- 1 Compute the average of both epsilons (G-G and H-F), say $\bar{\epsilon}$
- 2 If...
 - $\bar{\epsilon} > .7$: Use Huynh-Feldt correction.
 - $\bar{\epsilon} < .7$ or nothing is known about sphericity: Use Greenhouse-Geisser correction.

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Both methods are good for controlling for type I errors.

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'Sphericity' criterion

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(Because these statistics do not depend on this assumption, and they are more powerful under these conditions.)

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(Because it is more powerful, i.e., presence of effects is better detected.)

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'Missing values' criterion

Use **univariate** tests if there are missing values.

Decomposing the within-factor effect

Both the univariate and multivariate tests are omnibus tests:
They only detect overall effects.

We can understand better the within-factor effect by **decomposing** it into parts.

Decomposing the within-factor effect

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Decomposing the within-factor effect

Both the univariate and multivariate tests are omnibus tests:
They only detect overall effects.

We can understand better the within-factor effect by **decomposing** it into parts.

Q: How to do it?

A: Using **contrasts**.

SPSS has several contrasts available (Deviation, Helmert, Polynomial...).

Polynomial contrasts are interesting since it **additively** decomposes (and tests) the within-factor effect in linear, quadratic, cubic, . . . , effects: **Trend analysis**

(‘Additively’ due to the orthogonality of polynomial contrasts.)

Decomposing the within-factor effect

Tests of Within-Subjects Effects

Measure: MEASURE_1

Source		Type III Sum of Squares	df	Mean Square	F	Sig.
Drug	Sphericity Assumed	698.200	3	232.733	24.759	.000
	Greenhouse-Geisser	698.200	1.815	384.763	24.759	.001
	Huynh-Feldt	698.200	3.000	232.733	24.759	.000
	Lower-bound	698.200	1.000	698.200	24.759	.008
Error(Drug)	Sphericity Assumed	112.800	12	9.400		
	Greenhouse-Geisser	112.800	7.258	15.540		
	Huynh-Feldt	112.800	12.000	9.400		
	Lower-bound	112.800	4.000	28.200		

Drug has a significant effect.
But what else can we say?

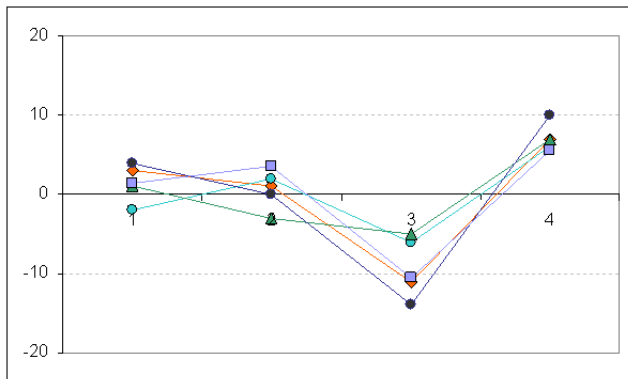
Tests of Within-Subjects Contrasts

Measure: MEASURE_1

Source	Drug	Type III Sum of Squares	df	Mean Square	F	Sig.
Drug	Linear	11.560	1	11.560	3.074	.154
	Quadratic	369.800	1	369.800	26.797	.007
	Cubic	316.840	1	316.840	29.778	.005
Error(Drug)	Linear	15.040	4	3.760		
	Quadratic	55.200	4	13.800		
	Cubic	42.560	4	10.640		

The effect of drug on reaction times is not significantly linear (but quadratic and cubic trends are sig.)

Decomposing the within-factor effect



Post hoc procedures

In RM-(M)ANOVA we can also use **post hoc** procedures.

These procedures allow doing multiple comparisons while preventing capitalization by chance (inflation of overall type I error).

In general:

- **If sphericity is violated ($\epsilon < .7$):** Use **Bonferroni** procedure.
- **If sphericity holds ($\epsilon > .7$):** Use **Tukey** procedure.

Note: Bonferroni is directly available in SPSS in 'Options' button of GLM's Repeated Measures menu; Tukey is not. Use of syntax files is needed (downloadable from SPSS' website, for example).

Post hoc procedures

For our drug example:

Pairwise Comparisons

Measure: MEASURE_1

(I) Drug	(J) Drug	Mean Difference (I-J)	Std. Error	Sig. ^a	95% Confidence Interval for Difference ^a	
					Lower Bound	Upper Bound
1	2	.800	1.625	1.000	-7.082	8.682
	3	10.800	2.577	.083	-1.700	23.300
	4	-5.600*	.748	.010	-9.230	-1.970
2	1	-.800	1.625	1.000	-8.682	7.082
	3	10.000	2.280	.071	-1.062	21.062
	4	-6.400	1.600	.097	-14.162	1.362
3	1	-10.800	2.577	.083	-23.300	1.700
	2	-10.000	2.280	.071	-21.062	1.062
	4	-16.400*	2.227	.011	-27.204	-5.596
4	1	5.600*	.748	.010	1.970	9.230
	2	6.400	1.600	.097	-1.362	14.162
	3	16.400*	2.227	.011	5.596	27.204

Based on estimated marginal means

a. Adjustment for multiple comparisons: Bonferroni.

*. The mean difference is significant at the .05 level.

Extending RM-ANOVA

- The RM-ANOVA situation covered here is the simplest: One within-factor (drug) only.
- The experimental design can be more complicated:
 - One between, one within design ([Situation 2](#)).
 - One between, two within design ([Situation 3](#)).
 - Two between, one within design ([Situation 4](#)).
 - ...

RM-ANOVA can fit any of these extensions.